

HINDU CHAPLAINCY

newsletter

Namaste and welcome dear friends,

I invite you to envision the Tufts Hindu Chaplaincy as a revitalizing wellspring where you come to nourish yourself, share and learn with others, and build community. This is a community that cares deeply about supporting growth across all the koshas (layers of being): physically, emotionally, mentally, and spiritually. I am part of a team of chaplains committed to this deep caring and support for amazing people like yourselves.

I work closely with Tufts' Hindu Student Council (HSC), and we are available to anyone curious about learning more regarding Hinduism across the spectrum of philosophy, spirituality, religion, and practice. The HSC is a student group fostering community and interaction around the concepts of Hindu faith and identity here at Tufts. We welcome you!

I look forward to exploring all the opportunities that Tufts has to offer with you. Exploration requires rest and rejuvenation, and I am here to offer spiritual support, tools, and techniques across this spectrum throughout your time at Tufts.

Dhanyaavad and best wishes,

Preeta Banerjee

Hindu Advisor



Preeta Banerjee, Ph.D.
Hindu Advisor

In line with the University Chaplaincy, the Tufts Hindu Chaplaincy's mission is to: provide individual and group care through deep and sacred listening; support community building across the spectrum of what it means to be a Hindu; educate about spiritual and ethical issues in society and the world; and promote multifaith engagement.

Regular Programming:

- Amar Chitra Katha (ACK) reading groups
- Alum networking event and graduation celebration
- Diwali and Holi care packages
- "Unlearning Retreat" with the Africana Spirituality Chaplaincy
- Buddhist Sanga and HSCe-board mixer
- Regular aarti and puja



Seven Amar Chitra Katha comic books

Spotlight Program: Holi 2021

This spring, Tufts Hindu Student Council, Tufts Association of South Asians, and the Tufts Hindu Chaplaincy distributed rang colored powder packets for Holi. Holi is a time of abundant celebration for nature's blessings, and our community was so pleased to offer these festive gifts and see each other safely in person. The Tufts Hindu Chaplaincy also hosted its monthly Amar Chitra Katha (ACK) discussion on Krishna and Divine play (Lila) and held accompanying aarti services, ending with virtual celebrations and a community meal.



University Chaplain Rev. Elyse Nelson Winger accepts a rang packet for Holi



Akshita Rao, E21, poses outside Goddard Chapel

"The ACK reading group was one of the best ways to engage our students and foster that sense of community that is difficult to obtain in virtual meetings....I always left every reading group so content, fulfilled and grateful for the fruitful conversations shared. It's amazing how Preeta's warm presence helps any student open up and share their thoughts during these discussions!"

- Akshita Rao, E21

Support Hindu Life at Tufts University

It is through student advocacy and institutional support that the Tufts Hindu Chaplaincy came to manifest, and we have accomplished so much in starting a new initiative at Tufts and in the world. Support us in continuing to grow the Hindu Chaplaincy at Tufts.

\$25

Supports offerings for regular puja, including sweets and flowers

\$75

Contributes to senior gifts and community meals for the Alumni Networking Events and Graduation Ceremonies in December and May

\$150

Covers the full cost of books for community discussion groups

To give to the Tufts Hindu Chaplaincy Fund online, please visit <http://go.tufts.edu/giveHindu>. To discuss a major gift, endowment, or bequest, please contact Hindu Advisor Preeta Banerjee or our Advancement liaison Lorraine Sparrow:

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Thank you for your generosity and support.